



Introducing a "honey" that has a similar consistency and delightful taste as traditional honey, but with a plant-based twist. Confused yet? North Vancouver's **MINDFUL FÜD** brings you **Bee Mindful Hunnie**, an innovative Hunnie that's crafted entirely from rescued organic apples, not bees. Whether you're vegan, environmentally conscious, or simply looking for a new and exciting honey alternative, this Vegan Organic Hunnie is the perfect addition to your pantry. Both **Regular** and **Hot** versions just happen to be in this week's flyer for \$7.98. And if you'd prefer to capture a taste of this product before you commit to spending the money, you're in luck because an in-store sampling for the hunnie will be taking place Tuesday, [April 29th](#) from 11am-2pm.



Is oatmeal something you incorporate into your daily routine? If so, this quick, nutritious morning meal of **PEACE RIVER All Day Breakfast Oatmeal** may be for you! Food preparation time is a measly one minute, so if you are someone who is on the move or doesn't leave much time for yourself, this is definitely something you should keep on hand for those hectic mornings. It includes 7 single servings (3 x **Maple Walnut**, 2 x **Nut Protein** and 2 x **Very Berry**). This oatmeal is high in fibre and 6g plant protein per serving. You can find this in aisle #3 next to similar products.



Summer is on its way, that means new innovative **BUBLY** flavours have hit the market! These two sparkling waters are certain to hit the tastebuds in a refreshing way: **Orange Cream & Lemon Sorbet**. Both combine crisp sparkling water with great tasting natural flavors perfect for any occasion. No calories or sweeteners.



We have another new addition to our seafood freezer to share with you: **PANACHE Wild Caught Crispy Calamari**. Turn these uncooked squid rings into crispy calamari in no time!



Looking for cost effective salty snack on the go? These **PZAZZ Pretzels** are seasoned with popular flavours that may just solve that craving. These nut-free pretzel pieces are soaked (not sprayed) in the following flavours: **Cinnamon Brown Sugar**, **Spicy Dill Pickle**, **Honey Mustard**, **All Dressed** & **Sour Cream**. You will come across these pocket pals loaded in a floor display unit while strolling up aisle 5.



Get Stushin'! That's the slogan for **the company STUSH**, located in Toronto... and the fine makers of frozen gourmet **Jamaican Patties**. These proper patties are made with locally-sourced all natural ingredients, and have a flaky pastry that's filled with your choice of savory filling, including **Traditional Beef & Jerk Chicken**.



It's BAAAAACCCHAN'S! Yes **BACHAN'S** is back! This **Japanese Barbecue Sauce** seems to have a cult following. No guarantees how long we will be able to keep it in stock, but we were fortunate enough to get our hands on some and are now excited to be able to offer it to you. Why all the hype? The flavours of soy, mirin, green onion, garlic, ginger and rice vinegar make it an extremely versatile sauce, commonly used with fish, vegetables, meats and even rice. It is often described as teriyaki-ish, and can be used as a marinade, sauce, or dipping sauce. There's only one way to really find out, right?!



This week's **PEPPER'S SUPER SAVER:**

HARIBO Goldbears Individual Packs (221g) \$2.99 (reg. \$5.99)



Victoria News' **BEST OF THE CITY** is back for **2025**. Until [May 12th](#), you are allowed to nominate your favourite local business for dozens of different categories. You can submit your nominations once a day, all you need to do is enter your email the first time, then you are good to go. A reminder, you have to make atleast **10** nominations per day for yours to qualify. If you feel Pepper's is worthy of a nomination to qualify for official voting when it commences [May 14th](#), it goes without saying we would be extremely grateful. Thanks as always for your continued support!

- Best Organic/Market Store
- Best For Produce Store
- Best Butcher
- Best Deli
- Best Grocery Store
- Best Grocery Store - Locally Owned
- Best Gluten Free Selections

[Nominate Now](#)

Until next week, have yourself a great week and hope to see you in the store soon!