

Department

Bakery

Portofino

Product

Product
Artisan Loafs
Black Olive Loaf
Cranberry Sourdough Loaf
European Dark Rye Loaf
Maltygrain Loaf
Peasant Loaf
Portofino Sourdough Loaf
Roast Garlic and Pepper Loaf
Rustic Multigrain Loaf
Seeded Hearth Loaf
Vi Wholegrain Loaf
Wholegrain Peasant
Buns
Brioche Deluxe
Brioche Sesame
Ciabatta White
Hamburger White mini
Hamburger Whole Grain
Hamburger White
Hot Dog White
Hot Dog Whole Grain
Peasant Whole Grain
Peasant
Pretzel Hot Dog
Pretzel Kaiser
Pretzel Sliders
Bread
Cinnamon Raisin
Flax & Sprouted
Multigrain
Marbled Rye
Sourdough
VI Harvest
White
Whole Wheat
Bagged Cookies
Choco Coconut
Double Chocolate Chunk
Espresso Chocolate
Fruit and Fiber
Harvest Engery
Cakes
Carrot
Brownie
Cin Sugar
Lemon Coconut
Pina Colada
White Chocolate
Almond
Pound Cake
Bam Chocolate
Banana

Wildfire Breads

Chocolate Blondie
Lemon White Chocolate
Orange Creamsicle
Zucchini
GLUTEN FREE
Brown
White
Seeded
Cheese Onion
Gluten Free Muffins
Morning Glory
Banana
Raspberry

Moulin Vert Bread

Rustic White Loaf
Whole Weat Loaf
Sprouted Loaf
Multigrain
Three Seed Loaf
Seeded Rye Loaf
Whole Spelt Loaf
Black Olive Loaf
Garlic Cheddar Loaf
Apricot Anise Loaf
Raisin Walnut Loaf
Ciabatta Loaf
Piece Herb and Pepper Focaccia
Piece Cheddar and Onion Focaccia

Irenes

Three Seed
Spelt
Rye
Roots
Quinoa
White
Whole Whate
Multigrain

Silver Hills Bread

Whole Wheat
Multigrain

Oak Run Crumpets

Loaf
Squirely
Big 16
Flax
Little Big
Big red
20 Grain
Cinnamon Raisn
Bagels
Cinnamon Raisn
Plain
Seasame
Everything
Buns
Hamburger Buns
Plain

English Muffins

Buttermilk

Plain

Extra Crisp

Sourdough

Raison

Whole Wheat

Indian Life

Naan's

Coriaindin

Spinach

Garlic

Plain

Tortillias

whole wheat

roti

Chapati

Spinach

Masala

Sundried Tomato

White

La Tortilla

Plain

White corn

Yellow Corn

Chile

Teff

whole wheat

Organic Corn

Organic White

Organic Whole Wheat

Organic Sprouted Wheat

Bakestone Oranic Tortillas

White

Mulitgrain

Pizza Shells

Coconut Tortillas

Small

Large

Pita

White

Whole Wheat

Stonefire Naan

Garlic

Plain

Mini

Boxed Croisants

Salt Spring Bagels

Plain

Sesame

Everything

Bakestone Bagel

Plain

Seasme

Everything

Muligrain

mini

Biscotti

Tarts

Cupcakes

Donuts

Costata's

Angel Food Cake

Sponge cake

Bread Crumbs

Gluten Free Bread

Sweet Streat

Department

6-pack

Pecan

Raisan

Lemon

12-pks

Vanilla

Chocolate

Old Fashion

Powdered

Chocolate

Cake

Cups

Panko

Whole Wheat

Coarse

Gluten Free

Little Northern Bakehouse

Honey

Raisan

Seven

Millet

Seeds

White

Whole Grain

Bagles

Everything

Cinnamon Raisan

Blueberry

Plain

Buns

Millet chia hots

Millet chia Buns

Laughing Daughters

Granola

Molasses Ginger Cookie

Chocoolate pecan Cookie

Banana Bread Loaf

Chocolate Orange Loaf

Cranberry Loaf

Lemon Poppy seed Loaf

Muffins

MA'Amoul Cookie

Date Squares

Brownie

Marshmallow Treat

Product

Deli

Sausage Rolls

Quiche Per Slice

Small Round Quiche

Salsa Per 100 g

Slice Meat Per Gram

Freybe

Brie Phyllo
Chicken
Chicken Chimichanga
Cornish Pasty's
Curry Pocket
Mild Beef
Pork
Spanakopita
Spice Beef
Spice Jammers Veggie Samosa
Turkey
Vegan (* Contains Cashews)
Vegan
Ham & Cheese
Smoked Salmon
Spinach Feta
Veggie
Red Pepper Goat Cheese
Asparagus and Asiago
Asian Noodles
Beet & Onion
Broccoli & Bacon
Edamame
Fully Loaded Potatoes
Made in store Creamy Coleslaw
Made in store Greek
Pasta Primavera
Potato & Egg
Quinoa
Seafood
Sundried Tomato Penne
Super Cesar Bow Tie w/ Kale
Assorted Salami
Berryman Natural Ham Black Forest
Berryman Natural Ham Old Fashion
Chicken Meat
Chorizo
European Wieners
Freybe Honey Ham
Freybe Pepperoni (Bulk) Dam Hot
Freybe Pepperoni (Bulk) Double Smoked
Freybe Pepperoni (Bulk) Honey Garlic
Freybe Pepperoni (Bulk) original
Freybe Salami - Cervelet
Freybe Salami - Hungarian
Freybe Salami - Mexican
Freybe Salami - Parmasan
Freybe Salami - Pepper
Genoa Salami
Hot Calabrese
Hot Genoa Salami
Hungarian Mild Sausage

	Irish Ham
	Landjaegar
	Lyoner
	Mastro Salami
	Natural Turkey
	Pancetta
	Prosciutto
	Prosciutto Salami
	Roasted Turkey
	Smoked Meat
	Soppresetta
	Sundried Tomato Turkey
	Turkey Pepperoni
	Whiskey Thyme
Prepackaged Meat	
	Del Duca Prosciutto (*Nitrite & Nitrate Free) 85g
	European Wieners, 175g each
	Freybe Black Forest Ham, 175g each
	Freybe Hickory Smoked Turkey Breast, 175g each
	Freybe Old Fashion Ham, 175g each
	Freybe Salami - Crevelat, 125g each
	Freybe Salami - Gypsy 125g each
	Freybe Salami - Hungarian, 125g each
	Grimm's Tuscan Style Turkey, 15.g each
	Lyoner Sausage, 175g each
	Mastro Salami - Genoa, 150g each
Portioned Meat	
Sila Salami	
	Sila Salami - original, 300g each
	Sila Salami - Pepper, 300g each
	Sila Salami- Red Wine, 300g each
	Sila Salami- Figs and Port , 300g each
	Sila Salami - Calabrese, 300g each
	Sila Salami - Parmesan, 300g each
	Sila Salami - White Wine, 300 each
Freybe	
	Freybe Salami - Crevelat, 250g each
	Freybe Salami - Italian Wine, 250g each
	Freybe Salami - Gypsy, 250g each
	Freybe Salami - Pepper, 250g each
	Freybe Salami - Hungarian, 250g each
Pate	
	Salt Spring Harvest - Chili Garlic
	Salt Spring Harvest - Sweet Curry
	Hornby Island - Red Pepper & Garlic
	Hornby Island - Herb
Pre Sliced Cheese	
	Arla Marble, 165g each
	Arla Mild Cheddar, 165g each
	Arla Provolone, 165g each
	Arla Swiss, 165g each
	Arla Havarti Creamy, 165g each
	Arla Havarti Herb, 165g each
	Arla Havarti Chipotle Habanero, 165g each
Specialty Cheese	
	Albert's Leap
	Apple Wood Wedge, 150g each
	Bocconcini di Bufala, Natural Pasture , 170g each
BoMe	

BoMe - Autumn Red Pepper, 200g each
BoMe - Garlic Brie, 200g each
BoMe - Grass Fed Happy Brie, 200g each
BoMe - Hard Cheese, 200g each
BoMe - Spiced Shepard Spread, 200g each
BoMe - Spring w/ Herbs, 200g each
BoMe - Summer Aged, 200g each
BoMe - Winter Garlic, 200g each



Boursin

Bothwall Squeak' rs, 240g each
Boursin - Shallot & Chive, 150g each
Boursin - Cracked Black Pepper, 150g each
Boursin - Cranberry & Pepper, 150g each
Boursin - Garlic & Fine Herbs, 150g each
Castello Cheddar Savory Onion, 200g each
Cherry Bocconcini, Natural Pastures, 180g each
Coastal Cheddar, 200g each

Coombe Castle

Coombe Castle - Blue Stilton, 150g each
Coombe Castle - Cheshire, 200g each
Coombe Castle - Dorset Drum, 200g each
Coombe Castle - Double Gloucester, 200g each
Coombe Castle - Lancashire, 200g each



Crumble Blue, Castello
Cure Local Smoked Cheese, 125g each
Double Crème Brie, Belle Marie, 200g each
Double Crème Brie, Belle Marie, 300g each
Flaked Parmesan, random weight
Emborg - Parmigiano Reggiano, 150g each
Emborg - Pecorino Romano, 150g each
Shredded Parmesan, Weight Varies
Gorgonzola Castello, 125g each
Arla Gouda Regular 200g
Arla Gouda Smoked 200g
Great Lakes Goat Dairy - Asiago, 159g each
Great Lakes Goat Dairy - Smoking Goat, 175g each

Natural Pastures

Natural Pasture Hard Cheese - Aged Farm House
Natural Pasture Hard Cheese - Amsterdammen
Natural Pasture Hard Cheese - Boerenkaas
Natural Pasture Hard Cheese - Courtenay Cheddar
Natural Pasture Hard Cheese - Garlic & Chive
Natural Pastures Mozzarella di Bufala, 170g each
Natural Pastures - Buffalo Brie
Natural Pastures - Comox Brie
Natural Pastures - Comox Camembert



Kerrygold - Blarney Castle, 200g each
Kerrygold - Dubiner, 200g each
Kerrygold - Reserve Chedoa, 200g each
Krinos Halloumi Cheese, 250g each

Kroon

Kroon Gouda - Cumin
Kroon Gouda - Medium
Kroon Gouda - Mild
Kroon Gouda - Aged



Little Qualicum Cheese Works

Roth Gouda - Siracha Gouda
La Quesaria Manchego 6 months, 200g each
Le Bon Secret, 200g each

Little Qualicum- Cranberry Pepper, 200g each
Little Qualicum - Herb, 200g each
Little Qualicum - Natural, 200g each
Little Qualicum Cheese Works - Hard Cheese, 100g each
Little Qualicum Cheese Works - Hot Jill, 100g each
Little Qualicum Cheese Works - Island Brie, 100g each
Little Qualicum Cheese Works - Monterey Jill, 100g each
Little Qualicum Cheese Works - Qualicum Spice, 100g each
Little Qualicum Cheese Works - Rchette, 100g each

Marcangelo - Capicollo, 100g each
Marcangelo - Coppa Di Parma, 100g each

Oka, 190g each
Port Salut, 150g each
Queso Manchego 3 Months, 150g each
Saint Andre, 200g each
Saint Paulin, 190g each

Salt Spring Island

Salt Spring Island - Basil, 150g each
Salt Spring Island - Blue Juliette, 180g each
Salt Spring Island - Garlic, 150g each
Salt Spring Island - Juliette, 180g each
Salt Spring Island - Pepper, 150g each
Shepard Sheep Feta, 200g each

Snowdonia

Snowdonia - Amber Mist w/ Whiskey, 200g each
Snowdonia - Beachwood Smoked, 200g each
Snowdonia - Black Bomber (*aged 14 months), 200g each
Snowdonia - Ginger Spice, 200g each
Snowdonia - Green Thunder Cheddar Cheese w/ Garlic & Herbs, 200g each
Snowdonia - Nature's Nectar w/ Rum Figs & Honey, 200g each
Snowdonia - Red Devil w/ Chillies, 200g each
Snowdonia - Red Storm (*aged 18 months), 200g each

Spread em' Cashew Softcheese

Spread em' Cashew Softcheese & Spreads - Beet & Balsamic, 183g each
Spread em' Cashew Softcheese & Spreads - Carrot Chilli, 183g each
Spread em' Cashew Softcheese & Spreads - Cilantro & Sunflower, 183g each
Spread em' Cashew Softcheese & Spreads - Dill & Truffle, 183g each
Spread em' Cashew Softcheese & Spreads - Garlic Tzatziki, 183g each
Spread em' Cashew Softcheese & Spreads - Nacho Cheese, 183g each
Spread em' Cashew Softcheese & Spreads - Spinach & Artichoke, 183g each
Spread em' Cashew Softcheese & Spreads - Turmeric & Black pepper, 183g each
Ticker Mature Cheddar, 200g each

Tre Stelle

Tre Stelle - Asiago, 200g each

Woolwich

Tre Stelle - Grand Padano, 200g each
Tre Stelle - Parmigiano Reggiano, 200g each
Tre Stelle - Pecorino Romano, 200g each
Triple Crème Brie, 300g each
Wexford Creamery - Cheddar Mature, 200g each
Wookey Hole Caved Cheddar, 200g each
Woolwich (Soft Fresh Goat Cheese) - Bruschetta, 113g each
Woolwich (Soft Fresh Goat Cheese) - Cranberry & Cinnamon, 113g each
Woolwich (Soft Fresh Goat Cheese) - Fig & Balsamic, 113g each
Woolwich (Soft Fresh Goat Cheese) - Fine Herb, 113g each
Woolwich (Soft Fresh Goat Cheese) - Original, 113g each
Woolwich (Soft Fresh Goat Cheese) - Peppercorn, 113g each
Woolwich (Soft Fresh Goat Cheese) - Roasted Garlic, 113g each
Woolwich Goat Brie, 165g each
Woolwich Goat Cheddar, 250g each
Woolwich Goat Cheddar, 250g each
Woolwich Goat Chevre Original, 113g each
Woolwich Goat Crumbled Feta - Herb & Roasted Garlic, 175g each
Woolwich Goat Crumbled Feta - Original, 175g each
Woolwich Goat Feta, 200g each
Woolwich Goat Mozzarella, 250g each
Woolwich Goat Original, 300g each

**Baked Goods
Cookies**

Chocolate Chip, 1oz (15 cookies)
Oatmeal Raison, 1oz (15 cookies)
White Chocolate Macadamia Nut, 1oz (15 cookies)
White Chocolate Cranberry, 1oz (15 cookies)
Monster??, 2oz (9 cookies)
Oat Cran??, 2oz (9 cookies)
Double Chocolate, 2oz (9 cookies)
Peanut Butter with Chocolate, 2oz (9 cookies)
Double Chocolate, 2oz (9 cookies)
Toffee, .5 oz (20 cookies)
Chocolate Chip, .5 oz (20 cookies)
Oatmeal Raison, .5 oz (20 cookies)
Chocolate Salted Caramel, 1.5 oz (10 cookies)

Baked Muffins

Apple Cinnamon
Banana
Blueberry
Chocolate Banana
Chocolate Chip
Fruit Medley
Lemon Cranberry
Lemon Poppy seed
Lemon Poppy seed Blueberry

Baked Goods Signles or Pieces

Maple Walnut
Morning Glory
Raison Bran
Raspberry Yogurt
West Coast Trail

16 Grain Bagel Single
2 Bite Brownies - Chocolate Macaroons 200g
2 Bite Brownies - Coconut Macaroons 200g
Blueberry Cream Cheese Strudel - Single
Blueberry Scone - Single
Cakes etc. - Ginger Snap Cookie Single 3oz
Cakes etc. - Flax Bar - Single
Cakes etc. - Oat Bar - Single
Cakes etc. - Peanut Butter Crunch Bar - Single
Cakes etc. - Triple Chocolate Cookie - Single 3oz
Chocolate Banana Loaf, per slice
Carrot Cake
Deep Dutch Brownie
Double Staked Peanut Butter Bar
French Roll - Single
GF Banana Date Loaf, per slice
GF Flax Brownies, 396g each
Mayflower Mini Chocolate Banana LoafVegan
Multigrain Roll - Single
Nanaimo Bar
Pizza Pretzel - Single
Rice Crispy Treat, 100g each
Sesame Bagel -Single
Triple Chocolate Chunk Brownie
Triple Chocolate Fudge Cake
Wendel's Almond Butter Cookie
Wendel's Blueberry GF Muffin

Baked Goods - Bread

Boulart, 175g:200g - Multigrain
Boulart, 175g:200g - Olive
Boulart, 175g:200g - Raisin Walnut
Boulart, 175g:200g - White
Chocolate Croissants, 270g (6 Pack)
Pizza Pretzels 3 Pack
Portofino Garlic Bread
Portuguese Buns (8 Pack)
Scissor Rolls

Baked Goods - Pies

Apple 600g
Apple Crumble, 620g each
Blueberry 600g

Baked Goods - Cakes

Cherry 600g
Peach 600g
Pumpkin, 600g each
Simon's - Large Almond Cherry Apple
Simon's - Large Apple
Simon's - Large Chicken
Simon's - Large Raspberry Rhubarb
Simon's - Large Strawberry Rhubarb
Simon's - Large Turkey
Simon's - Small Apple
Simon's - Small Blueberry Rhubarb
Simon's - Small Chicken Veg
Simon's - Small Raspberry Rhubarb
Simon's - Small Steak Guinness
Simon's - Small Stock Veg
Simon's - Small Strawberry Rhubarb
Strawberry Rhubarb
Tartine Blueberry Rhubarb

Cupcakes - Red Velvet (4 Pack)
Cupcakes - Triple Chocolate (4 Pack)
Cupcakes - Vanilla (4 Pack)
Gizella Cheese Cake - Blueberry, 600g each
Gizella Cheese Cake - Cappuccino, 600g each
Gizella Cheese Cake - Chocolate, 600g each
Gizella Cheese Cake - Forest Berry, 600g each
Gizella Cheese Cake - Mango, 600g each
Gizella Cheese Cake - Strawberry, 600g each
Gizella Cheese Cake - Tiramisu, 600g each
Layer Cake - Black Forest
Layer Cake - Carrot w/ cream cheese icing
Layer Cake - Chocolate
Layer Cake - Lemon
Layer Cake - Red Velvet
Layer Cake - Sticky Toffee Pudding
Layer Cake - Strawberry
Layer Cake - Tiramisu
Layer Cake - Triple Chocolate Tiger
Layer Cake - Tuxedo

Soups

Kit's Kitchen - Butternut Squash w/ Ginger, 700ml each
Kit's Kitchen - Green Goodness, 700ml each
Kit's Kitchen - No Cream of Mushroom w/ cracked pepper, 700ml each
Kit's Kitchen - Slightly Spicy Tomatoes & Basil, 700ml each
Kit's Kitchen - Vegan Country Chili, 700ml each
Kit's Kitchen - Wholesome Curried Veggie Lentil, 700ml each
Kit's Kitchen - Yam and Coconut, 700ml each

Dips/Hummus/ Dressing

Fresh Coast

Summer Fresh

Breakfast Sandwiches

Pizza's - Made in Store

Soups etc., - French Canadian Split Pea w/ Smoked Ham, 700ml each
Soups etc., - Grandma's Chicken Noodle, 700ml each
Soups etc., - Lucky 13 Vegetables, 700ml each
Soups etc., - Naughty Thai, 700ml each
Soups etc., - The Broccoli Incident, 700ml each
Soups etc., - Tomatoes w/ ??, 700ml each
Soups etc., - Walter Chicken Chili, 700ml each
Soups etc., - Wild about Salmon, 700ml each
Soups etc., - Wild about Shrooms, 700ml each

7-Layer Dip

Bean Boy (Curry, Lime, Black bean), 200g each

Dressing - Almond Caesar

Dressing - Almond Curry

Dressing - Miso Lime

Dressing - Pesto Balsamic

Dressing - Sweet Chili Lime

Eugene's Hummus, 200g each

Eugene's Tzatziki, 200g each

Fresh is Best - Salsa, 375g each

Guacamole Authentic, 227g each

Guacamole Mild, 227g each

Guacamole Organic, 227g each

Guacamole Spicy, 227g each

Holy Hummus - Original, 200g each

Holy Hummus - Original, 350g each

Holy Hummus - Red Pepper, 200g each

Holy Hummus - Red Pepper, 350g each

Humm (Caramelized Onion, Red Pepper), 227g each

Peppers Own Peruvian Green Sauce

Royal Gourmet - Olive Tapenade, 227g each

Royal Gourmet - Red Pepper Olive Tapenade, 227g each

Summer Fresh - Aged Cheddar & Chipotle

Summer Fresh - Artichoke & Asiago

Summer Fresh - Baba Ganoush

Summer Fresh - Chickpeas & Pinenuts

Summer Fresh - Cilantro Jalapeno Edamame

Summer Fresh - Roasted Garlic Hummus

Summer Fresh - Tzatziki

Bacon w/ Egg

Chorizo w/ Egg

Egg

Sausage w/ Egg

Cheese

Miscellaneous

Pepperoni
Chicken Pesto
Hawaiian
GF - Hawaiian
GF - Pepperoni

Breads

Bacon Bites Real - randmom weight Baked in Store
Belgian Waffles Single or 4pk
Castelvetrano Olives
Chunky Medium Salsa
Deviled Eggs
Greek Kalamata olives
Gyoza - Pork
Gyoza - Veggie
Olives Stuffed Garlic
Pitted Kalamata olives
Scotch Eggs
Sicilian Hot Olives
Spiced Olives
Spring Rolls - Pork
Spring Rolls - Veggie

Department

Meat

Pork

Ruscan Loaf
Rustic Baguette
Simple Baguette
Multigrain Baguette

Product

Bacon
Pork Chops-Bone In
Pork Chops - Boneless
Collar Steaks Boneless
Ground Pork
Rack Ribs
Sausage Assorted Flavours
Pork Cutlets - Breaded
Pork Cutlets - Plain
Boneless Ham
Ham Steak
Ham Hocks
Smoked Turkey Parts
Pork Butt Roast
Loin Roast Boneless

Beef

Rib Eye Steak
Stiploin Steak
Tenderloin Steak
Teriyaki Steak
Stewing Beef
Maui Ribs Boneless
Short Ribs Bone-IN
Short Ribs Boneless
Beef-Stir Fry
Ground Beef Lean

Chicken

Ground Beef Extra
Ground Beef Chuck
Chuck Steak Boneless
Beef- Roast
Prime Rib

Whole Chicken
Drumsticks
Thighs Boneless
Thighs Skinless
Thighs Regular
Chicken Breast Bone-In
Chicken Breast Boneless
Chicken Breast Skinless
Wings Drumettes
Wings Wingettes
Ground Chicken
Chicken Tenders
Whole Legs (No Back Attached)

Lamb

Ground Turkey

Seafood

Lamb Chops
Lamb Legs
Shoulder Chops
Ground Lamnb
Lamb Racks

Shrimp
Sockeye Salmon
Coho Fillets
Spring Salmon Fillets
Crab Cakes
Halibut Fillets
Prawns
Scallops
Squid Salad
Crusted Fish
Smoked Salmon
Imatation Crab Meat
Seaweed Salad
Squid Salad

Department

Product

PRODUCE

Fruits

Apples
Avocadoes
Bananas
Blackberries
Blueberries
Raspberries
Strawberries
Cantaloupes

Honedews
Mini Watermelons
Grapefruit Bags
Large Grapefruit
Green Grapes
Red Grapes
Lemon bags
Lemons
Myers Lemons
Limes
Mandarin Oranges
Mandarin Bags
Blood Oranges
Cara Cara
Cara Cara Bags
Large Navel
Navel Bags
Anjou Pears
Bartlett Pears
Pineapples
Grab+Go Fruit Packs
String Figs
Kiwi Fruit
Kiwi Bags
Ataulfo Mango
Round Mango
Pomegranates

Veggies

Asparagus
Green Beans
Golden Beets
Red Beets
Broccoli Bunches
Broccoli Crowns
Brussels Sprouts
Cauliflower
Green Kale
Celery
Celery Sticks
Corn on the Cob
Long English Cucumbers
Mini Cucumber Bags
Chinese Long Eggplant
Round Egg Plant
Fennel
Baby Bok Choy
Bok Choy
Leeks
Lemons Grass
Steam Noodles

Cabbage

Green Cabbage
Red Cabbage
Savoy Cabbage
Sui Choy /Nappa Cabbage

Carrots

Baby Peeled Carrots
5lb Carrot Bags

Subject to Availability
Onions

Lettuce

Mushrooms

Herbs

Root Veg

Peppers

Potatoes

2lb Carrot Bags
Sweet Petite Carrots
Shredded Carrots
Bulk Carrots
Garlic
Ginger
Green Onions
3lb Onions
Medium Bulk Onions
Pearl Onions White
Pearl Onions Red
Pearl Onions Yellow
Red Onions
Jumbo Sweet Onions
White Onions
Shallots
Belgian Endive
Butter Lettuce
Green Leaf Lettuce
Iceberg Lettuce
Romaine Lettuce
Sliced Crimini Pkg
Sliced White Pkg
Button Pearl Pkg
Whole Crimini Pkg
Portabella
Shiitake
Oyster
Jumbo Brown
Jumbo White
Dried Mushrooms
Cilantro
Parsley
Italian Parsley
Parsnips
Turnips
Rutabagas
Thai Chili Peppers
Jalapenos
Green Peppers
Orange Peppers
Red Peppers
Yellow Peppers
Mini Pointed Peppers
2lb Bag Peppers Pack
Baby Red Potatoes pkg
Gold Creamer Pkg
Terrific Trio Pkg
Bulk Red Potatoes
Bulk Baby Red Potatoes

[Redacted]

Squash

Yams

Tomatoes

Packaged Salads

EatSmart

Bulk Russet Potatoes
Bulk Yellow
5lb Red Potatoe
5lb Yellow Potatoe
5lb Russet Potatoe
[Redacted]
Zucchini
Radishes
Spinach
Bean Sprout Pkg
[Redacted]
Acorn Squash
Butternut Squash
Kabocha
Spaghettie
[Redacted]
Sweet Potatoes
Orange Yams
Purple Yams
[Redacted]
Beefsteak Tomatos
Cherry Tomatoes Bulk
Cherry Tomatoes Pkg
Cocktail Tomatoes Pkg
Tomatoes on the Vine
Roma Tomatoes
[Redacted]
3pack Romaine Hearts
3pack Organic Romaine Hearts
[Redacted]
Asian Sesame Salad
Fresh Harvest
Garden Medley
Hearty Greens
Honey Dijon Kale
Sweet Kale
Sweet Kale
Southwest

Fresh Express

Mann's

Earthbound Boxes

Croutons

Nuts

Tofu

Assorted Products

Department

Dairy

Sizing
 1liter
 2 liter
 4liter

Strawberry Harvest
Wild Greens + Quinoa
Caesar
Cello Spinach
Deli Coleslaw
Garden Salad
Italian Salad
Asian Salad
Riced Cauliflower
Snap Peas
Snow Peas
Baby Arugula
Baby Herb
Baby Mixed Kale
Baby Spinach
Baby Spring + Spinach
Baby Spring Mix
Power Trio
Caesar
Cheeset Garlic
Ciabatta
Focaccia
Herb
Org. Caesar
Parmesan Caesar
Peanuts 1lb Bag
Unsalted Peanuts 1lb bag
Mandarin Pressed
Soyganic Firm
Soyganic Med. Firm
Soyganic Super Firm
Soyganic Extra Firm
Soyganic Smoked
Soya Nova Smoked
Medium Firm
Soft
Miyokos
Field Roast
Yves assorted Products
The Good Butcher
Happy Planet Juices
Bolthouse Juices
Lighthouse Salad Dressings
Product

Standard Milk
Creams
Orangic Milk
Organic Cream
Lactose Free Milk

Eggs

Butter

Cheese

Yogurt

Juice

Lactose Free Cream
Soy Milk
Soy Cream
Almond Milk
Almond Creamers
Coconut Milk
Coconut Creamers
Vegan Pea Milk
Hemp Creamers
Goat Milk
Oat Milk
Chocolate Milk
Sout Cream
Cottage Cheese
Standard White
Standard Brown
Free Range
Organic
Duck
Egg Whites
Standard Butter
Margarine
Goat Butter
Vegan Butter
Standard Assorted block of Cheese
Cream Cheese + Spreads
Sliced Cheese
Shredded Cheese
Feta Cheese
Bocconcini
Ricotta
Vegan Cheeses
Lactose Free Cheese
Organic Cheese
Greek Yogurt
Classic Standard Yogurt
Lactose Free Yogurt
Dairy Free Yogurt
Mediterranean Yogurt
Goat Yogurt
Sheep Yogurt
Buffalo Yogurt
Frass Feed Yogurt
Kefir
Orange Juice
Apple Juice
Grape Fruit Juice
Lemonade